

a life well consumed

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How to Spend 3 Relaxing Days in Osoyoos, BC



If you're not familiar with the province of British Columbia, you may not know that we have Canada's only desert! It's beautiful, with rolling hills and filled with wineries and lakes. Curtis and I recently took a trip to Osoyoos, BC earlier this month for a quick mini-moon. Astride the 49th parallel runs the unique pocket desert of Osoyoos, sunny lakeside town of is full of wineries, beaches, and really good food – what more could you want?



I used to go to Osoyoos as a kid for a few summers with my family. We'd glamp in a motor home and spend all day on the boat wake boarding and tubing. So much fun! Generally the weather is always warm all summer, so it's a great place to relax.





Osoyoos is a small town with quirky character. I'll be honest, it doesn't have a night life and you're not visiting to shop for clothing etc. But it does have the lake and tons of wineries nearby! Osoyoos means "the place where two lakes meet," and the water is the spot all summer, for Sea-Doos, stand-up paddle-boards, and beach side blankets.



How to Get to Osoyoos

Osoyoos is a gorgeous five hour drive through the mountains from Vancouver, and it's a short two hour drive through wine country from Kelowna. You can also fly in to nearby Penticton or even Kelowna. But Curtis and I both love roadtrips, it's one of the best parts of summer for us. You can see another great road trip to Tofino [here](#).



We took the 2017 Ford Flex SUV for our trip and it was spacious, comfortable and perfect for a road trip through the Crowsnest Highway. We had plenty of room for the fruit, wine and bags + cooler.

Where to Stay in Osoyoos

Watermark Beach Resort

We stayed at the Watermark Beach Resort on the beach. The pet-friendly resort has 123 suites (studios, one-, two- and three-bedroom penthouse suites) and 30 spacious beachfront villas, all with air conditioning, private balconies and fully equipped kitchenettes. It sits at the foot of Main Street with a mix of cityscape rooms and (infinitely preferable) lake-facing townhouses.







Our room was comfortable (had two bedrooms + 2 baths), a wonderful view of the lake and large patio. The lakeside resort's amenities include the award-winning Restaurant at Watermark, hot tubs, steam rooms, an outdoor heated pool, waterslide, spa, onsite wellness team and facilities, Yoga, Pilates, SUP and more.



Watermark Beach Resort Restaurant

Enjoy a meal on their patio just a few steps away from your room. They have a BBQ station outside and serve up local wines and ingredients.



What to Do in Osoyoos

Paddleboard

Get an entirely different perspective of Osoyoos from out on the lake. Set off for a serene paddle while you take in the spectacular views of deep green vineyards, sage-coloured grasslands and the tree-lined hills above.





Challenge your core strength and balance without any fear of falling because the inviting water is one of Canada's warmest lakes. If you are staying at Watermark Resort, you can rent their paddleboards! We did this our second day and it was my first time on a paddleboard. I'm also so proud I didn't fall once!